What's in your Armamentarium?

Thingamajigs, Whatchamacallits, and Other Essential products to upgrade and improve your hygiene procedures.

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www.JudyBendit.com

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You have heard the expression “What’s in your wallet”, but the real question is what’s in your armamentarium? Are you still using the same instruments you learned about in hygiene school? After we graduated and gained real-world experience many of us realized that we could use better instruments and use them to do more than just what we learned in school. Alas, we just don’t do it enough. What if I told you that you could upgrade what’s in your armamentarium in a way that could help you work better, smarter, and more efficiently?

After this course, you will be able to:
1. Identify instruments that you want to work with all day, every day

2. Strategize plans for the most appropriate instruments for each type of procedure
3. Enhance your self-assurance with the knowledge that you’ve got the latest products

ALL products are on Judy’s web site at

http://www.judybendit.com/main/products

Introduction:

Are you still using the same set-ups you used in school?

Traditional vs. Contemporary design features and benefits

Quality vs. Quantity

Infection control

Masks? One mask does not work for all procedures. How many options do you have in your office. MUST have at least 2. Exam and higher filtration for actual procedures.

Gloves? Hand specific or ambidextrous. Materials available.

Home care products

1. Have many options
2. Don’t give too much at one time—documents what you suggested or dispensed so you can review at next visit.
3. Try to figure out what excites the patient

Dr. B’s products https://www.drbdentalsolutions.com/

   Not just for dentures…Don’t forget about night guards, Invisalign, sports guards

Armor Mouth-Mate http://www.armor-dental.com/ Aid for brushing

Confadent gum- with CPC https://confadent.com/

New **Toothpaste** ideas

Stannous Fluoride
Sodium Fluoride
Arginine
ACP
ACP-CCP
Chlorine Dioxide
Xylitol
Baking Soda
Charcoal/coconut oil/hemp oil/tea tree oils

New toothbrush ideas
New manual brushes
New power brushes
Unique interproximal ideas
Cocofloss
Gum chucks
Water flossers

App available to aid with motivating patients-check out App store

Disclosing agent:

GC TriPlaque ID Gel

Check out Ortho dots instead of wax… Made by OrVance

Varnish considerations
Color, Viscosity, Quantity of solution dispensed, other special ingredients (Xylitol, ACP, CHX) Hypo-allergenic? Delivery system? Applied wet or dry? Taste?

Silver Diamine Fluoride
Acts as an antimicrobial, promotes remineralization

Retraction options
Minnesota Retractors (all companies)
OptraGate by Ivoclar Vivadent
Spandex Vertical Lip and cheek retractors

Comfort View by Premier
https://www.premusa.com/product/hygienepreventative/comfortview-hp/

**Computer options to use with standard probe**

- Dental Rat http://www.dentalrat.com/
- Voice Works by Florida Probe http://www.floridaprobe.com/

Check with your computer company to see if they have a voice activated option.

**Suction Options**

- Blue Boa- http://www.theblueboa.com/
- Free form suction-Crosstex http://www.crosstex.com/
- Mr. Thirsty http://www.zirc.com/eshop/10Browse.asp?category=IsoEvac:Isolation
- ReLeaf https://www.releafdental.com/collections/all-products sold by Kulzer
- Stoma Dental Dove www.stomadental.com
- Ergo Vac by Hager http://hagerworldwide.com
- Dry Shield https://dryshield.com
Purevac HVE Mirror suction by Dentsply

** if your suction gets clogged from varnish-try BioGuard by Hager**

Note…you should NOT be using suction with varnish.

**Diagnostic instruments**

mirrors single sides vs. double sided cone socket vs. simple stem

New Black mirror and handle

front surface vs. regular mirror (back) explorers ODU 12/12 vs. CH3

explorer for caries detection? See below for new options probes regular vs. right angle

stainless steel vs. plastic (implant considerations)

color coded vs. plain

Furcation probe- color coded by no markings (review of furcations)

**Discussion on new trends in diagnostics**

Diagnodent (Kavo)

Caries ID (Dentsply)

Spectra (Air Technique)

Sopralife (Acteon)

Canary (Quantum)

CariVu (Dexis)
**Scalers & Curettes**

Discussion on the major criteria for instrument selection. Handle Options

Weight Balance Rigidity

Terminal Shank options (regular, Longer terminal shanks, longer terminal shank/shorter blade)

Blade options (regular, mini & micro-mini)
Regular vs. Everedge (Hu-Friedy) vs XP technology (American Eagle)

Instrument Options

Graceys

Vision Curvettes (Sub-zero)
Universals (my favorite-Langer 3/4 with longer terminal shank)
Sickles

Montana Jack Black Jack Nevi series

Debridement Curettes
O’Heir Debridement Curettes (spoon- long shank)
Diamond Tech Curettes (shape of Nabers and Mesial-Distal with Diamond coating 360 degrees around tip)

**Prophy Angles/Handpieces** (See my website for more...)


Young


Hygiene Pro handpiece by Brassler [https://shop.brasselerusa.com/Product/](https://shop.brasselerusa.com/Product/)
I-Star by DentalEz-http://www.dentalez.com/istar/


Young Dental


Sunstar Butler Prophyciency -
http://us-professional.gumbrand.com/prophyciency/index/

Hu-Friedy


Product innovations-In the Groove prophy products.
https://dentalinnovationspro.com/ products/groove

**ACTUAL INSTRUMENTS DISCUSSED**

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<th>PART CODE</th>
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<td>SAS1/2</td>
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<td>SGCSUB-0</td>
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**CordEze** for holding your cords:

**Ergo considerations**

Loupes

Lights corded and cordless

Compression socks

Hearing Concerns